



CHAITANYAM

INSTITUTE FOR HUMAN EXCELLENCE IN HEALTHCARE

April- 2025



Chaitanyam Eye Care Institute

- Your Vision Is Our Mission -

*“A sapling sowed with divine love,
Blossoming fast into a big tree,
Leaves have begun to appear now,
Smiles as fruits we spread for free.
With a feeling of service to mankind,
Engaging our hearts and mind,
Never knew how far we would fly,
Our achievements are nearing the sky.
Chaitanyam means pure consciousness,
Our purpose is spreading happiness,
Motto of service in our hearts we keep,
Miles to go before we sleep, Miles to go before we sleep.”*

Chaitanyam Institute for Human Excellence has become a brand that's strongly entrenched in the hearts of people, especially the underprivileged and unattended sections of society. Whether it's the Divine Mother and Child Health Program, Workshops on Human Excellence for Care Givers, Basic Life Support Skills Workshop, Free Medical Camps or the upcoming Hospital – Chaitanyam Eye Care Institute at Kale; Kolhapur, each activity undertaken by the Center for Human Excellence has given significant benefits to people from all strata's of the society. The Chaitanyam team has been extremely forthcoming in not only conducting these activities on a regular basis but also ensuring an appropriate follow-up mechanism is inbuilt to ensure the continuity and longevity of the engagement. Undertaking multiple and diverse set of activities focused heavily on human excellence and welfare has been the hallmark of Chaitanyam's activities. It's said that what the mind can conceive and believe can certainly be achieved. Chaitanyam is on its journey to achieve the unthinkable, unimaginable and unbelievable feat of serving mankind.

A highlight of some of the most promising activities undertaken till now in the year 2025

I. 11th January 2025 – Free Eye Check-up and Road Safety Awareness Camp

A **free eye check-up** and road safety awareness camp was organized at Kagal Check post in Kolhapur. The event was jointly hosted by the Regional Transport Office (RTO), **Walawalkar Trust Hospital**, and **Chaitanyam Eye Care Institute**.

The idea behind this camp was not only to create **awareness** about road safety but also to highlight the importance of a good vision, especially for drivers, given that many accidents are avoidable if the eyesight is proper. The camp aimed at dual benefit in terms of educating people on road safety measures, at the same time got their eyesight checked to help them in understanding about their vision better.



Key Highlights of this camp were:



Eye Check-up: Mr. Veerendra Vankundre, Sr. Optometrist stressed on the importance of regular eye check-ups for drivers to ensure road safety.

- **Road Safety:** Vijay Sinh Bhosale, RTO officer, highlighted the significance of road safety measures, emphasizing the need for responsible driving practices.

- **Participation:** Over 150 drivers benefited from the camp, receiving free eye check-ups and road safety awareness.

- **Dignitaries:** Prominent attendees included Vijay Sinh Bhosale, Shambhuraje Pawar, Vishal Bagade, and Veerendra Vankundre (Sr. Optometrist – associated with Chaitanyam at Kolhapur).



This initiative was aimed at promoting road safety and providing free eye check-ups for drivers, contributing to a safer and healthier community. The main purpose was to help the drivers who drive long distances and for long hours to get themselves thoroughly checked and also be aware of potential pitfalls of driving incorrectly, and how to ensure safety of self and others, which in a way is about safety for all.

II. 11th and 12th January 2025 Care for Care Givers, A Human excellence workshop for Nursing students

This was an initiative by the **Ekam Foundation**, Mumbai, in association with Chaitanyam. The two-day workshop was designed exclusively for the nursing college students from rural and urban Maharashtra, for self-development. The event was conducted at Nehru Science Centre and was attended by close to **300 students** and their teachers.

An action-packed workshop designed exclusively towards motivating today's nursing students to look at themselves and their careers in a more positive way. The students had the inhibition about nursing not being a recognized profession and being treated secondary to Doctors. This misconception was completely removed by our team during the session and made them feel that theirs is a Divine and a Noble Profession and they will be respected anywhere in the world if they are true to their profession...i.e. Serving Patients with compassion & Love.

The two-day workshop encompassed the following activities:





- Experiential learning sessions focused on communication skills, challenging own limits, and enhancing oneself in one's profession by inculcating human values.
- Skills training through music and songs making the students loosen themselves and be more open-minded and approachable, importantly asking questions without any fear or inhibitions.
- A pep-talk on Self-healing and self-care which is extremely crucial in today's fast-paced world as there is always increased expectations from everyone. The emphasis was, if we take care of ourselves first, we will be able to take care of others much better.
- Sound healing session which was aimed at healing and calming the anxiety and over-thinking of the students through sound vibrations.
- A straight talk on Duty, Devotion, and Discipline which are the essential 3D's of life's success.
- The workshop also had a strong focus on career and professional development through mock interview sessions and a career guidance session.

The students were extremely happy and, in a way, overwhelmed with the amount of importance, love and affection they received during these two days. It appeared as if they had found themselves as to who they really are and what great things they could do and achieve.

The students expressed their gratitude towards **Ekam Foundation** and **Chaitanyam** for helping and making them realize, that they are special gift of God to mankind.

III. 26th February 2025 – Basic Life Support Skills Course

This session was conducted by Chaitanyam in association with the Life Supporters Institute at **Sau Minatai Thakre Institute** for **31 nurses**.

The objective of this course was to enable the nurses to be efficient at Basic Life Support skills, which is extremely critical and important today. Given that cardiac arrests are increasing daily, it is important to have people with Basic Life Support Skills around to help reach hospital safely.

Chaitanyam carries out this session every year in Thane's municipality nursing college

The Basic Life Support Skill is one of the most valuable skills a person can acquire. There is a significant lack of availability of this skill. Chaitanyam recognizes this as of primary importance in today's challenging life given the lifestyle and the associated life problems.

Till now, Chaitanyam has trained close to **1000+ individuals** covering government colleges, Anganwadi staff and volunteers and also security staff.





IV. Computer Distribution at Kolhapur



A promise was made to the government schools at Kolhapur some time back on providing them with Information and Computer Technology labs to enable the young children to learn and understand how to use computers. This will enable them to eventually help their family and villagers when it comes to filling out anything online and carrying out online learning-oriented activities.

Ekam Foundation supported in providing computers to 3 government schools, ensuring the required infrastructure was in place. The students and the teachers were extremely grateful to Ekam Foundation and Chaitanyam for making the impossible happen.

The feedback from them has been very positive and the children are enjoying their learning every day and looking forward to enhancing their computer skills.

V. Chaitanyam Eye Care Institute



A state-of-the-art **Eye Care hospital** coming up in Kale Village of Kolhapur is one of the biggest projects undertaken by Chaitanyam, aimed solely at providing Vision for those who are visually impaired and unable to afford quality eye care treatment needed for carrying out their day-to-day activities.

Chaitanyam first started with a small mobile van for screening people and children across different villages in and around the **Kale Village** in Kolhapur.

Then they extended the services by plying a bus service to different places adhering to multiple people and bringing them to the mobile van for screening.

While the construction of the hospital building is underway, Chaitanyam, extended the screening services through the mobile eye care van to multiple schools in rural areas of Kolhapur.

- The camp for eye screening was started on **16th July 2024**
- The last camp date for eye screening was **21st March 2025**.
- In the last one year, Chaitanyam has covered:

- o Totally **83 Schools** (no of students screened **6651**)
- o Distributed around 239 glasses to read for schoolchildren

The construction of the hospital building has already completed its foundation stage, and the expected completion date is around Oct 2025. The hospital is planned to be operational by NOV 2025.

Chaitanyam endeavors to provide free-of-cost treatment to all the poor and needy, and underprivileged sections of the society at Kale, Kolhapur who are impacted by cataract and other visual ailments.

This is a mammoth project undertaken purely with the sole intention of giving back to society and serving people.

*“Chaitanyam ki asli Udaan abhi baaki hai
Chaitanyam ke iradon ka imtehan abhi baaki hai
Abhi tohbas naapi hai mutthi bharzameen
Aagey saara aasman abhi baaki hai”*

VI. Future Plans

- The hospital is being planned as a 25 bedded eye care institute
- Multiple learning and skill development centres in the next 5 years
- International Chaitanyam center carrying out service to different geographies in the world
- Launching of courses for youth to avail value-based education and training in the healthcare sector
- Eventually generating a talent pool of care givers to serve the needy.

We are looking for contributions for the building construction and potential treatments that will follow. If you would like to support this divine initiative, please click on the be QR code (it's an official QR code of Chaitanyam Web Page link to input data and then make the payment)

*contributions over INR 20,000 will be received an **80G** certificate for tax benefit.



*A feeling of Compassion,
For those deprived of Vision,
It's Swami's Mission - **Your Vision is My Mission***

*Happiness will be the Reaction,
When eyes will again start to Function,
It's Swami's Mission - **Your Vision is My Mission***

*Blindness will be in Depreciation,
With quality treatment in Appreciation,
It's Swami's Mission - **Your Vision is My Mission***

*Chaitanyam's efforts are in Amplification,
Outcomes would be the eyesight's Restoration,
The world will see and bow to the Almighty who is the Magician,
As it's Swami's and our Mission - **Your Vision is my Mission***

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